



# OB Nurse Navigators



## ***What is our OB Nurse Navigator Program?***

During pregnancy, you have many questions and many decisions to make: Should I breastfeed my baby or feed formula? What will my delivery be like? Which doctor should I pick as my baby's pediatrician?

As every expectant parent knows, the anticipation of giving birth can be both exciting and overwhelming. To help offset some of your apprehensions, St. Luke's now provides an OB Nurse Navigator for each patient. This new program adds an extra layer of one-on-one care for pregnancy, delivery and postpartum care that helps parents-to-be gain confidence and feel comfortable before delivery day arrives.

## ***How does the OB Nurse Navigator Program Work?***

Our Nurse Navigator is your personal guide through every stage of pregnancy. Every patient will be provided with an OB Nurse Navigator at the start of the pregnancy. This nurse will provide an in-depth appointment to review your medical, surgical, social and family history. At this intake appointment, our OB Nurse Navigator will review general pregnancy education, an overview of your routine care plan, and order testing. Our OB Nurse Navigators then follow up with phone calls in the second and third trimesters to review additional education, help coordinate any care, and answer general questions and concerns. The team of OB Nurse Navigators will work together to meet your needs.

Your OB Nurse Navigator is your point of contact throughout the pregnancy, and you can reach out via phone or MyChart to have your questions answered. The OB Nurse Navigators are a part of the patient care team during pregnancy for routine care, questions and non-urgent matters.

A few days after you deliver your baby, our OB Nurse Navigator will reach out to see how you and your new baby are doing, and to make sure you have your routine postpartum care appointment scheduled.

*Any urgent or emergent concerns will be addressed by the on-call provider and the clinical triage specialist nursing staff team.*

# Meet Our Nurse Navigator Team



*Jennifer B, RN*



*Kerly B, RN*



*Diane C, RN*



*Silvia D, RN*



*Jennifer F, LPN*



*Talli H, RN*



*Melanie M, RN*



*Rene M, RN*



*Emily S, RN*



*Janice S, RN*



*Danielle W, RN*



*Rachelle W, LPN*